# Midvale Hub

We are here to assist children and families to grow, learn and thrive.

For more than 30 years, our Hub team has helped children and families in our local community to develop well and to gain skills for success at school and in life.

Together we can improve the health and wellbeing, education and care of your family. The Midvale Hub offers a variety of programs and services to support families to nurture happy, healthy children.

Whatever your needs are, our Hub team can link you with an appropriate program or service. Many of them free of charge for families.



#### Other Hub Services available

**Adult Education:** At Midvale Hub we are committed to life-long learning. We provide a range of playgroups and parenting programs for all parents and caregivers. Adult education opportunities are also on offer for you to develop skills and upgrade educational qualifications.

**Child Care:** 3 and 4 year old Kindy Programs, Before and After School Care, Family Day Care, and Vacation Care options available.

**Health Services:** Free health and medical services are available at Midvale, Middle Swan and Clayton View. We have fully equipped medical clinics and a range of health professionals provide services throughout the week (ask for a current timetable at Reception).

**Family Support:** We are here to support you in your parenting journey, let us know if you have a need and if we cannot assist directly we can link you to a local service that can help.

Visit our Child and Parent Centre - Swan APP for a current timetable of our range of Family Services and Parenting Programs





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Shire of Mundaring Family and Children's Services



**Free Health Services** 

Free health and medical services, including a Doctor's surgery are available at Midvale,

Middle Swan and Clayton View. We have

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# Women's Reproductive Health, Ante-Natal and Post-Natal Care

Our Health Services look after your reproductive health and support you throughout your pregnancy and the birth of your child.

#### **Child and Maternal Health Nurse**

Health Department nurses provide free clinics to monitor your health as a mother and the care of your children from birth and throughout childhood.

#### **Immunisation**

All baby and childhood immunisation schedules can be fulfilled at our clinics. Adult flu shots are also available annually.

### **School Age Health Checks**

School age child health checks (e.g. hearing, sight, physical, etc) can be completed through the Hub health clinics.



#### Allied Health Services

A range of Allied Health Services are available at Hub sites (e.g. Speech Therapists, Occupational Therapists, etc).

# **Counselling Services**

Child and adult counselling and coaching services are available to support mental health and wellbeing.

## **Aboriginal Health**

Derbarl Yerrigan Aboriginal Health Service provides a Doctor and Nurse Practitioner to support the health and wellbeing of Aboriginal children and adults.